



For Patients and R-Parties:

Apple Tree is offering a new medication called Silver Diamine Fluoride (often referred simply as "SDF"). SDF is a liquid which is brushed on cavities to kill bacteria and stop cavities from growing. It may also be used to prevent cavities and to lessen tooth sensitivity. SDF has been shown to be safe and highly effective for people with many cavities and those at high risk of tooth decay including older adults and people whose medications cause dry mouth.

We recommend the use of SDF to:

- kill bacteria and stop an existing cavity, or cavities, from getting larger/deeper.
- prevent the need for a filling.
- prevent new decay from starting.
- treat sensitive teeth.

SDF may especially benefit people:

- with active decay whose treatment will be delayed or need to be completed over a long period of time
- with dry mouth from medications or chemotherapy
- for whom other dental treatments are challenging or not possible

The attached education sheet illustrates the staining of decay and explains the indications and limitations of SDF. Because this is a new treatment option and because it does stain, you will be asked to sign separate consent form in order to receive SDF. If you have questions, please contact the Apple Tree Care Coordinator or ask the on-site dental team.